

A warm welcome to you dear brother/Sister of English language to the Web Site of Badia di Cava, which is a cultural enrichment for your life. This Abbey has been founded in 1011 from a

nobleman called Alferio from the city of Salerno, South Italy, and is the only Monastery in the world, that from the day of its foundation till today it has been always inhabited by the

Benedictine Monks without

any interruption. For such a reason, the treasures of every kind are conserved here, that it deserves to be visited . Also for this reason, if you come to Italy, we would be honoured to receive and show you

our treasures of art, culture, architecture and of holiness. While, greeting you

with our

Monastic motto

“PAX” peace to you, peace to your friends and family. Acknowledging the distinguished wishes, from the monks of the Abbey of the Holy Trinity(Abbazia della SS.Trinità) of Cava de' Tirreni, Salerno, Italy.

